**Zoos:**

* Cincinnati Zoo
  + <https://www.facebook.com/cincinnatizoo/>
  + Home Safari Live Videos Daily
* Sandiego Zoo
  + [Videos](https://kids.sandiegozoo.org/videos)
* Georgia Aquarium
  + [Southern Sea Otter Webcam](https://www.georgiaaquarium.org/webcam/southern-sea-otter-webcam/)
* <https://nationalzoo.si.edu/webcams>
* [Polar Bear Cubs Camera - Live Zoo Cam](https://explore.org/livecams/polar-bears/polar-bear-ouwehand-twin-cubs-cam-2)

**Parks:**

* Disney World and Disneyland Rides
  + [Psst! Take Your Kids On Virtual Rides While Disney Parks Are Closed Due To COVID-19](https://www.romper.com/p/while-disney-world-disneyland-are-closed-take-your-kids-on-virtual-rides-22622893?utm_source=facebook&utm_medium=owned&utm_campaign=romper&utm_content=1584384902&fbclid=IwAR1bWY_kp6qwufe4JPp9F2hOjvmV4zX73x36IpwW6MaXvfYWoPjKsiPtDn4)
* <https://www.blogto.com/sports_play/2020/03/canadas-wonderland-now-doing-virtual-roller-coaster-rides-you-can-take-home/?fbclid=IwAR2RB0VZIv2payG1BCunhdEPB34Zcyg3XGtgrc7eTl-AZDZrdC09Ra59zgc>

**Virtual Field Trips:**

* [HUGE List Of VIRTUAL Field Trips Your Kids Can Take From Home!](http://howtohomeschoolforfree.com/huge-list-of-virtual-field-trips/)
* [25 Amazing Virtual Field Trips For When You Can't Be There in Person](https://www.weareteachers.com/best-virtual-field-trips/)
* [20 Virtual Field Trips to Take with Your Kids](https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html)
* Hogwarts Digital Escape Room
  + <https://docs.google.com/forms/d/e/1FAIpQLSflNxNM0jzbZJjUqOcXkwhGTfii4CM_CA3kCxImbY8c3AABEA/viewform?fbclid=IwAR1mSsdCZcWbjfMEXWM1CuIe2kQxy2bqHM4azatWqoECqvrhC9xuma2NcU4>

**Mental Health:**

* Headspace App
  + <https://www.headspace.com/invite/tq1ck>
* Breethe App
  + [Breethe](https://breethe.com)
* Sanvello App
  + [‎Sanvello for Stress & Anxiety on the App Store](https://apps.apple.com/us/app/sanvello-for-stress-anxiety/id922968861)
* Calm App
  + [Let's meet this moment together](https://blog.calm.com/take-a-deep-breath)
* <https://www.psychologytools.com/articles/free-guide-to-living-with-worry-and-anxiety-amidst-global-uncertainty/?fbclid=IwAR0NHVPy22743QVLrhQMuycGFcRz5islAdJGQ4YFjydwtUAuLgsMVnYsTDg>
* <https://apple.news/AYQcDeQzYSSG88iJS-0ilcQ>

**Education:**

* The Science of Well-Being Class at Yale
  + [Yale is offering its most popular course online free](https://www.businessinsider.com/coursera-yale-science-of-wellbeing-free-course-review-overview)

**Museums:**

* <https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm_source=facebook.com&utm_medium=social&utm_campaign=social-share-article&utm_content=20200316>
* <https://totallythebomb.com/you-can-take-virtual-tours-of-museums-for-an-online-field-trip-with-your-kids?fbclid=IwAR1IoM8l8XBkFiTRgmny5GR2zWlzJNi7_YI1777WpedVf4ZWkAfhRuOD9iE>

**National Parks:**

* <https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home?fbclid=IwAR28OVVTounbQgZsL2X8aXaifYFs5avELT0MivlxNKDPZeXpWd40wOyR9J8>

**Kids:**

* Coronavirus Comic
  + <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?fbclid=IwAR38T6sXjuKpRsp1-DckqWkBTqnRBJlRdLyNnQYNp2m98AUa2JlTHzlyBIo>
* What Kids Need to Know
  + <https://www.usatoday.com/in-depth/graphics/2020/03/20/coronavirus-kids-has-changed-everything/2864140001/?build=native-web_i_p&fbclid=IwAR31U201v7WnyWzP8sm-2iADOGfsDCb3qBBGCCwL3E2j58vYnaL5Xtp2HsI>
* How to Talk to Kids About Coronavirus
  + <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus?fbclid=IwAR3otyzmODyuewM8hCSWy04kQBOdEl11T-TL8P1Fysy-SQK-6B6nfh9ZXnQ>
* Draw Mickey Mouse
  + <https://disneyparks.disney.go.com/blog/2020/03/draw-mickey-mouse-at-home-with-a-disney-parks-artist/?fbclid=IwAR20iPHnkHMC5V2QtRQ-dU_Vkb2eBJULsx-1OPn-bzWMOFRGbAJ5Oq8TIPM>
* <https://mommypoppins.com/kids/50-easy-science-experiments-for-kids-fun-educational-activities-using-household-stuff?fbclid=IwAR3NoFjR0YXn5rThVAyZMuMOozY39emRa235hw_iihCTjtuXGNDIMarZsNw>

**Book Reading:**

* [Story Time From Space: In-Orbit Readings and Science to Encourage STEM](https://www.nasa.gov/mission_pages/station/research/news/story_time_from_space)
* <https://stories.audible.com/discovery?ref=adbl_ent_anon_sc_ds_hn>

**Exercise:**

* [Yoga with Adriene](https://yogawithadriene.com)
* [Peloton Digital | The best workout app for cycling classes, bootcamp classes, running classes and outdoor workouts.](https://www.onepeloton.com/digital/checkout/digital-90d)
* FitOn App
  + <https://apps.apple.com/us/app/fiton-fitness-workout-plans/id1442473191>

**Recipes:**

* <https://www.americastestkitchen.com/collections/50-americas-test-kitchen-recipes-you-need-now?extcode=NSAKC17FB&utm_source=facebook&utm_medium=photo&utm_content=brownsodabread&utm_campaign=atkfacebook&fbclid=IwAR0wXIbOQMNLkjxLY0dEMzeSHhqM9b-c3LAOH3GNH2sp5K5HO-osTZgdKkw>

**Musicals:**

* <https://www.dailymotion.com/video/x794fem>
* <https://www.playbill.com/article/15-broadway-plays-and-musicals-you-can-watch-on-stage-from-home>